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*The research found 8- to 12-year-olds spend an average of five and a half hours a day on screens and consuming media. That rate climbs to over eight and a half hours a day for teens.*

*[The Common Sense Census: Media Use by Tweens and Teens, 2021 Read Report](#)*

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## INTERNET SAFETY TRAINING FOR PARENTS, TEACHERS, & CHILD WORKERS

LEARN HOW TO KEEP CHILDREN SAFE  
WHILE ON THE INTERNET, CELL PHONE, AND PLAYING VIDEO GAMES

THERE  
IS NO  
COST!

**Tuesday, September 26<sup>th</sup>, 6pm to 7:30pm via Zoom**  
[Register for September 26th Press Ctrl and Click Here](#)

Or

**Wednesday, November 8<sup>th</sup>, 6pm to 7:30pm via Zoom**  
[Register for November 8th Press Ctrl and Click Here](#)

Provided by:  
*U.S. Attorneys' Office,  
District of Connecticut  
and  
Connecticut  
Department of Children  
& Families*